

***Did you know...* neuroscience research has
proved you have not 1, but 3 brains?**

As you read this brochure, you'll be discovering what this can mean for you—and find new ways of enhancing and evolving your world!



mBIT Coach

CERTIFICATION TRAINING

With Mark Klaassen

INLPTA NLP Master Trainer & mBIT Coach Trainer

Are you, or would you like to be a Coach or People Helper?

- ◆ Do you know people with on-going health issues, who are unhappy, indecisive or afraid to take action?
- ◆ Are your clients struggling with personal motivation, seem to have lost their 'common sense' or not following their instincts?
- ◆ Have your clients conflict between their head-based thoughts, their gut-based instinct and their heart-based values?

You will receive new insights and skills by doing the mBIT Coach Certification...

- ✓ Finding out about the language of your head, heart and gut brains
- ✓ You will also gain insight into how your brains may produce internal conflict and what you can do about it
- ✓ By aligning your heart, head and gut brains, making better and wiser decisions and assisting others to do the processes too
- ✓ You will quickly relieve stresses and tension with the easy to do, yet amazing mBIT Balanced Breathing method
- ✓ Learning the latest and most innovative coaching techniques to add to your current knowledge and toolbox.

Promoted by Eileen Darwin—www.commplus.net.au



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Overview...

The discoveries of the heart and gut brains continue to gain more and more interest with many magazines and articles featuring the subject - **Oprah's O** (July 2010), **Time Magazine** (Jan 2011), the **New York Times** (Oct 2011), **Psychology TODAY** (Nov 2011), **Wall Street Journal** (Jan 2012) and the **New Scientist** (Dec 2012) to name a few.



mBIT Coach training brings together all of the research findings of the 3 main intelligences—heart, head and gut into a practical framework, providing a set of **self-evolutionary tools to benefit all areas of life**.

Marvin Oka and Grant Soosalu combined Neuroscience, NLP techniques and concepts, Positive Psychology, Cognitive Linguistics, and the field of Behavioral Modelling, to produce this **leading edge methodology**, providing you and your clients profound results.

In this training you will learn how to align the 3 main intelligences—leading to your heart, head and gut brains synchronising for better health and wiser decision-making!

mBIT: multiple Brain Integration Techniques
mBraining: the process of aligning your multiple brains using mBIT methodology

How your 3 brains communicate and operate with each other is vital for success and happiness.

You have **3 separate intelligences** in your body and they have habits and learned patterns which are either aligned or not. Brains may even fight each other or ignore each other!

The insight of neuro linguistics

If you've ever felt downhearted, couldn't think straight or experienced deeply intuitive messages, **you'll immediately recognize just how pervasive the intelligences are, and the impacts of your multiple brain system!**

Neuroscience meets ancient wisdom

Current scientific knowledge is finally catching up with the many deep insights from esoteric and spiritual traditions that have informed us for centuries about our **three powerful intelligences of the head, heart and gut. Now isn't that amazing!**

We've known at a deep and intuitive level, across the ages and within our own lives, that **our intelligence, wisdom and core life competencies are not just embodied in the head...**



YOUR FREE GIFT

Marvin Oka & Grant Soosalu's amazing book, mBraining...

"mBraining is based on a synthesis of the latest research in neurology and cognitive science... This is the birth of a new field. In short, if you want a model that synthesizes other methodologies and that is based on hard science, then mBraining is for you. Learn it now and get in on the ground floor."

Wyatt Woodsmall, Ph.D. NLP Master Trainer USA

"mBraining extends notions of both brain and mind. Steven Pinker famously says that 'the mind is what the brain does'. Oka and Soosalu suggest that a greater mind is a function of a greater brain, that comprising head, heart, and hara..."

Stephen Elliott, Author USA

"I came to experience the Mastery of the trainer and leave with deep appreciation of the knowledge. Thank you. This was an extremely valuable experience. The elegance of mBIT was shared so effortlessly, thank you to both Eileen and Mark."

Theresa Haupt, NLP Master Practitioner, Ballarat, Australia.



Be ready to take your coaching to new levels...

Opt now for wiser and more authentic living at the highest level of your being...

After you have completed your mBIT Training you will find you are opening up to the inherent wisdom of your inner self and more aligned with your core values and beliefs.

You will also open up to new possibilities in how you are creating and authoring your life.

Add ***'Professional Certified mBIT Coach'*** to your coaching skills and toolbox.

Become someone who can transform the lives of others by learning the simply profound and profoundly simple mBraining processes!



mBIT Coach training is for...

- Healthcare workers, Counsellors, People Helpers & Lifestyle Coaches
- Professional Coaches of all types, Trainers, Leaders, Educators, Managers, Mentors
- Anyone who knows working with others can be best achieved when head, heart and gut are in alignment... and who just need to learn the 'how'

The mBIT Roadmap...

One of the incredibly useful models developed is the mBIT Roadmap. It is an explicit framework that outlines a clear developmental path, working with your 3 brains bringing them into coherence and alignment, culminating in generative wisdom.

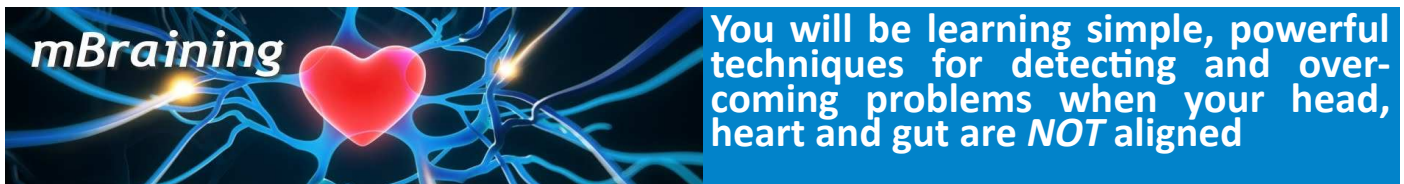
Doing the mBIT Coach training now will give you...

- ✓ Leadership in this emerging and exciting field
- ✓ A way to stand out and differentiate yourself in the marketplace
- ✓ A massive boost to your coaching effectiveness by learning to facilitate all three of your clients main neural networks / intelligences
- ✓ Another powerful resource to tap into your clients innate intuition as well as the wisdom of their head, heart and gut brains
- ✓ The streamlining of your coaching processes for quicker, deeper and more generative results
- ✓ An optimal training experience with Mark Klaassen, the first Trainer certified by Grant & Marvin who's now trained over 160 mBIT Coaches in NZ and Australia
- ✓ Access to a professional network and genuinely collaborative community of 'mBIT Coaches' who are working together to bring evolutionary change to others

"I came into this mBraining Coach Certification with a curiosity to discover what it was all about, and how it might add to my NLP Counselling. I came away with so much more. This method is transformational and everyone, of every age, can benefit enormously. Simple, yet profound. Highly recommend." Lisa Drenkhahn, Peninsular NLP, Mornington Peninsula. Vic.

"This profoundly significant information was given freely by highly motivated trainers who graced their presentation with their loving presences and generous resources. A thousand thanks Mark and Eileen!" Te Ruru, Counsellor, Coach & NLP Trainer. Christchurch





Clients with multi-brain problems display...

- Internal conflict between their thoughts, feelings and actions
- Have chronic disempowering emotional states such as frustration, depression, anger, anxiety, sadness, melancholy etc.
- Repeatedly not act upon or sabotage their dreams, goals and plans
- Do unwanted behaviours or habits and don't know why
- Have chronic health issues, especially those to do with the heart or gut—from heartburn, ulcers and digestive issues to rashes, irritable bowel, gut tension and auto-immune diseases
- An inability to make (good) decisions
- Are unable to motivate self and seem incapable of taking positive actions forward

When your clients experience life this way, it's demoralising for them. It's time now to empower them by learning and then using these rewarding and integrative mBIT processes taught during our mBIT Coach Training... After the mBIT Coach Training, you will be able to re pattern how your multiple brains best work together.

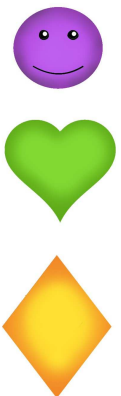
Certified mBIT Coaches have found this to be an elegant and powerful addition to their existing methods.

Evidence for multi-intelligence outside of your 'head brain', are found in everyday expressions like...

- "Trust the intelligence of your heart"
- "Follow your heart"
- "I feel light hearted"
- "Be true to your heart"
- "Deep in my heart I know"
- "Use your gut intuition"
- "Trust your gut"
- "Take note of your instincts"
- "Go with your gut"
- "My gut is telling me there's something wrong"

After learning mBraining

- ✓ You will find you are opening up to the inherent wisdom of your inner self and becoming more integrated and be more aligned with your core values and beliefs.
- ✓ You also open up new and exciting possibilities in how you create your life ***and that is truly life enhancing!***



After mBIT Coach Certification you'll be more able to...

- ✓ Work one-on-one more effectively and have even greater communication and alignment with your own multiple brains operating from their 'Highest Expressions' more often.
- ✓ Apply the mBIT Road Map process of aligning each of your neural networks, gaining greater Wisdom to run your life by, and to be able to pass on the new techniques to your clients.

Contact us today—www.commplus.net.au—Eileen: +64 9 521 957

This training is life changing...

You will be taught the "how to" for yourself and then be able to integrate these concepts into your work for others to also benefit.